



Reduced-Order Model of a Time-Trial Cyclist Helmet for Aerodynamic Optimization through Mesh Morphing and Real-Time Interactive Visualization

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Who are we? Tor Vergata University

• **Department of Enterprise Engineering "Mario Lucertini",** Machine Design Group, involved in national and international research projects



• Authors details:

- Emanuele Di Meo, Research Fellow in Novel CAE-based Digital Twin Technologies
- Andrea Lopez, PhD Student in Digital Twin Technologies
- Corrado Groth, Tenure-track Assistant Professor of Machine Design
- Marco Evangelos Biancolini, Associate Professor of Machine Design
- Pier Paolo Valentini, Full Professor of Computer-Aided Design and Virtual Prototyping









Who are we? RBF Morph



- RBF Morph is an ISV, pioneer and world-leading provider of numerical morphing techniques and CAE solutions
- <u>rbf-morph.com</u>
- Technical Partner of Ansys Inc. since 2009 (OEM since 2012) with solutions for structures and fluids
- Partnership with University of Rome 'Tor Vergata' academic and industrial synergy
- Multi-sectorial CAE analysts, focused on high fidelity multiphysics problems
- Cutting-edge technologies and academic research driven by industrial needs
- Clear idea of the direction taken by industry, deep knowledge of the technologies available now and in the near future









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Introduction

- Time-trial cycling races against the clock require optimal aerodynamics
- Research emphasizes positioning, attire, and helmet choices to minimize drag for efficiency
- Reducing aerodynamic drag in cycling was crucial in Greg Lemond's victory over Laurent Fignon in the 1989 Tour de France
- Recent helmets aerodynamics development led to innovative helmet design shapes



Credits: Team Visma | Lease a Bike





Introduction

- The aim of the study is to create an accurate and reliable model that allows to evaluate in real-time both scalar and field quantities such as:
 - Drag Force
 - Static Pressure
 - Turbulent Intensity
 - Wall Shear Stress
 - ...
- A procedure has been developed for optimizing the helmet shape using **mesh morphing** and **response surface** techniques







Introduction

Workflow

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RBF Mesh Morphing

$$\begin{aligned} f^{x}(x) &= \sum_{\substack{i=1 \\ m \\ i=1}}^{m} \gamma_{i}^{x} \phi(\|c_{i} - x\|) + \beta_{1}^{x} + \beta_{2}^{x} x_{1} + \beta_{3}^{x} x_{2} + \beta_{4}^{x} x_{3} \\ f^{y}(x) &= \sum_{\substack{i=1 \\ m \\ i=1}}^{m} \gamma_{i}^{y} \phi(\|c_{i} - x\|) + \beta_{1}^{y} + \beta_{2}^{y} x_{1} + \beta_{3}^{y} x_{2} + \beta_{4}^{y} x_{3} \\ f^{z}(x) &= \sum_{\substack{i=1 \\ i=1}}^{m} \gamma_{i}^{z} \phi(\|c_{i} - x\|) + \beta_{1}^{z} + \beta_{2}^{z} x_{1} + \beta_{3}^{z} x_{2} + \beta_{4}^{z} x_{3} \\ \end{array}$$

$$\begin{aligned} & \left[\begin{pmatrix} M & P \\ P^{T} & 0 \end{pmatrix} \right] \left\{ \beta \right\} = \left\{ \begin{matrix} g \\ \beta \\ \end{pmatrix} \\ With & M = \phi(\|c_{i} - c_{j}\|) \\ P_{j} &= \left[1 \ x_{1} \ x_{2} \ \dots \ x_{n} \right] \end{aligned} \right. \end{aligned}$$



Weight and radial function

Geometry

Geometry

Geometry

...

n

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Polynomial term



Boundary conditions



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Response Surface Optimization

- A Design of Experiments (DoE) is performed using a Latin Hypercube sampling technique
- A candidate point is selected through Response Surface
 Optimization methods
- The generated dataset is used to build a Reduced Order Model (ROM)
- This approach enables efficient exploration of the design space, facilitating the identification of optimal configurations while minimizing computational resources and time











Reduced Order Models development

- The numerical approximation of parametrized partial differential equations (PDEs) for **multiple parameter values**, or for solving them in real-time, requires **high computational resources** for **full-order models**
- Reduced order modelling (ROM) techniques can be employed to reduce the computational cost associated with high-fidelity simulations while maintaining acceptable accuracy
- Real-time simulations can be implemented on portable devices supporting virtual and augmented reality





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Reduced Order Models development

 A common approach for model order reduction is the use of Proper Orthogonal Decomposition (POD) based on the Singular Value Decomposition (SVD) algorithm

• Given a matrix $A \in R m \times n$, an SVD of A is a **factorization** in the form:

$$A = U\Sigma^t V$$

- A can be rewritten as: $A = \sum_{i=1}^{k} \alpha_{i} U_{i}$, where k are the principal singular values
- A correlation between input parameters and mode weights must be established to build the ROM
- Several **interpolation methods** can be used (RBF, Polynomial/Gaussian regression, neural networks)









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Case study

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Cyclist modelling and positioning

- A human body model was imported from the DINED anthropometric database of TU Delft, specifically an adult male with a height of 180 cm
- The model was refined and a **bicycle model** was added using the Blender software
- The helmet geometry was reconstructed using 3D CAD software, referencing actual product datasheets and images for accuracy and detail, ensuring a realistic representation of the whole assembly
- A **computational domain** with dimensions of **10 x 3.5 x 3 m** was modelled for the computational fluid dynamics analysis









Case study

Mesh

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- Polyhedral elements
- 4.08 millions cells
- 20.5 millions facets
- 13.4 millions nodes

CFD settings

- Software: Ansys Fluent
- Inlet Velocity: 15 m/s
- Turbulent Intensity: 1%
- Helmet, cyclist and ground surfaces BC: no slip
- Lateral and upper surfaces BC: symmetry
- Outlet Pressure: 0 Pa (relative)
- Turbulence model: k-ε, Enhanced Wall Function











Case study

Mesh Morphing, DoE and ROM setup

- The mesh morphing setup was performed through the RBF Morph software, targeting the backside of the helmet
- Three scaling parameters were defined along x, y, and z axes
- Parameters range: scale x (-8;4), scale y (-1;5), scale z (0;10)
- The Design of Experiments was implemented choosing 100 design points (DPs)
- Latin Hypercube Sampling was used for generating the DPs
- The **Reduced Order Model** was configured in the Ansys Twin Builder platform, utilizing a total of **100 snapshots**
- Of the total number of snapshots, **50** were designated for **model training** and **50** for **model validation**, incorporating **10 modes**











Optimization

- Response Surface Optimization results in a 4.56% drag reduction on the helmet only
- The helmet shape optimization has also a positive impact on the overall assembly, reducing drag on the cyclist by 0.77%
- Total drag decreased by 0.91%, dropping from 24.239 to 24.019 N
- The optimal candidate point is characterized by respective values of 3.99, 1.85, and 3.89 for the scaling parameters along axes x, y, and z, obtaining the shape shown in figure



DRAG	Baseline [N]	Morphed [N]	Gap
Helmet	0.8866	0.8462	-4.56%
Cyclist	23.3528	23.1729	-0.77%
Overall	24.2394	24.0191	-0.91%







• ROM

- The Reduced Order Model allows real-time evaluation of shape changes, static pressure, turbulence intensity, and wall shear stress results
- The optimum design point has a ROM error of 0.22%, equivalent to 0.16 Pa
- The maximum ROM error in the DPs used for model building is **1.14% (13 Pa)**
- Maximum model reduction error is 0.298%
- Pressure contours show an excellent matching between full and reduced model







- ROM
 - Real-time evaluation of static pressure through the use of ROM is demonstrated in this video
 - Pressure level varies in both helmet and back areas









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Implementation in Virtual and Augmented Reality

- FMU standard translated to ARM
- Headset model: Meta Quest 3
- Input parameters controlled by hands
- Custom UI developed tailoring specific application
- ROM case studies application delivered
- Cyclist ROM implementation (ongoing)

Live demonstration available







Conclusions

- The study provides a methodology for improving aerodynamic design by taking into account both scalar and field quantities in the optimization procedure
- In addition to classical methods as response surface optimization, innovative methods such as ROMs have been implemented, providing real-time evaluation of fluid dynamics quantities
- This detailed examination aims to provide a **better understanding of the physics** of the problem, helping designers in **optimizing the helmet shape** for improving cyclist performance
- Not only drag or pressure field but also turbulence-related quantities can be easily evaluated during the design process
- Future developments involve:

- Investigation of additional shape parameters, particularly in the front and side areas of the helmet and on the bicycle
- Results verification with experimental data from pressure sensors attached to the cyclist
- Personalization of the **inside of the helmet** using a 3D scanner to create a customized design to fit the head
- Implementation of the model in virtual and augmented reality environments and devices







THANK YOU FOR YOUR ATTENTION

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